

ANDREW DE NOBLE

712-XXX-XXXX

xxxx@gmail.com

Rock Rapids, IA

EDUCATION

Bachelor of Arts | Exercise Science

Northwestern College | Orange City, IA

Minor: **Psychology**

Collegiate Scholar: 2019 – Current

Expected graduation: May 2023

GPA: 3.92/4.0

RELEVANT EXPERIENCE & OBSERVATION

POWER Intern | Sanford Health: Fieldhouse | Sioux Falls, SD

May – August 2021

- Gained hands-on experience working with POWER strength coaches to design, develop, and implement sports performance programming for a diverse group of athletes
- Observed multiple professionals on a daily basis as they worked with athletes in all sports from youth to professional
- Supplemented classroom knowledge with the latest in technology and scientific research, as well as expert coaching in areas of strength, speed, mobility, agility, and explosive power

Family Medicine Physician Observation

- Avera Hospital | Rock Rapids, IA

4 hours

Physical Therapy Observation

- Orange City Health System | Orange City, IA
- Sioux Center Health | Sioux Center, IA
- Hull Physical Therapy | Hull, IA

6 hours

6 hours

2.5 hours

Acupuncture Observation

- Wang Acupuncture | Sheldon, IA

4 hours

WORK EXPERIENCE

Franken Fellow: Peer Career Mentor | Northwestern College | Orange City, IA

August 2020 – Current

- Lead other students in creating and perfecting their professional portfolios
- Plan, organize, and host successful campus-wide events
- Employ proficient computer skills when actively utilizing different Word templates
- Develop strong communication skills working one-on-one with students daily

Seasonal Worker | City of Rock Rapids Public Works | Rock Rapids, IA

Summers: 2016 – 2020

- Prioritized projects to ensure efficiency and timely completion
- Utilized strong work ethic and physical labor to complete all projects assigned
- Improved ability to learn new concepts and technology quickly

Customer Service Representative | Glynlyon Homeschool Company | Rock Rapids, IA

May – August 2019

- Responded to customer complaints and problems in a courteous manner
- Resolved technical issues within Monarch curriculum software
- Completed data entry tasks in Excel and Word Documents
- Developed interpersonal skills during interactions with customers and coworkers

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LEADERSHIP EXPERIENCE

Northwestern College | Orange City, IA

Student Ambassador

August 2020 – Current

- Welcome prospective students to campus in a friendly, professional manner
- Share my experience and knowledge of campus buildings and activities

Science Tutor

August 2021 – Current

- Work individually with college students to aid their understanding of biology, chemistry, and exercise science
- Conduct review sessions, help with homework, and assist with quiz and test preparation

Researcher & Presenter: Desirable Difficulties | Celebration of Research

April 2021

- Co-authored a research project about study strategies in relation to desirable difficulties
- Presented to fellow students and faculty

VOLUNTEER EXPERIENCE

Vacation Bible School Leader | First Reformed Church | Rock Rapids, IA

2019

- Led a group of kids through different adventures in a church environment

Food Assistance | Backpack Program | Rock Rapids, IA

2017 – 2019

- Assembled meals for distribution to local underserved children

Youth Group Leader | First Reformed Church | Rock Rapids, IA

2016 – 2019

- Mentored and encouraged students for growth in a fun learning environment

Meal Distribution | The Banquet | Sioux Falls, SD

2018

- Served meals to food-insecure families and individuals

Food Assistance | ATLAS | Rock Rapids, IA

2017

- Distributed necessary living items to families in need