

Program Learning Objectives

The overarching goal of the NWC CMHC program is to prepare culturally competent, knowledgeable, and skilled counselors for Clinical Mental Health applications. These goals are met by completing the Program Learning Objectives listed in the following section.

PLO #		CACREP Standard
1.	Professional Counseling Students acquire proficient knowledge, skills, and dispositions in Clinical Mental Health Counseling demonstrating preparedness to enter the field.	3.A-H 5.C.4
a.	<i>Professional Counseling Orientation and Ethical Practice:</i> Professional Counseling Students understand ethical standards of professional counseling organizations and credentialing bodies, and applications of ethical and legal considerations in professional counseling across service delivery modalities and specialized practice areas.	3.A.10
b.	<i>Social and Cultural Identities and Experiences:</i> Professional Counseling Students Understand the influence of heritage, cultural identities, attitudes, values, beliefs, understandings, within-group differences, and acculturative experiences on help-seeking and coping behaviors.	3.B.3
c	<i>Lifespan Development:</i> Professional Counseling Students integrate an understanding of biological, neurological, and physiological factors that affect lifespan development, functioning, behavior, resilience, and overall wellness.	3.C.10
d	<i>Career Development:</i> Professional Counseling Students determine approaches for conceptualizing the interrelationships among and between work, socioeconomic standing, wellness, disability, trauma, relationships, and other life roles and factors.	3.D.2
e	<i>Counseling Practice and Relationships:</i> Professional Counseling Students employ interviewing, attending, and listening skills in the counseling process.	3.E.9
f	<i>Group Counseling and Group Work:</i> Professional Counseling Students demonstrate characteristics and functions of effective group leaders.	3.F.4
g	<i>Assessment and Diagnostic Processes:</i> Professional Counseling Students utilize assessments relevant to academic/educational, career, personal, and social development.	3.G.8
h	<i>Research and Program Evaluation:</i> Professional Counseling Students assess research methods and procedures to evaluate counseling interventions.	3.H.7

i	<i>Clinical Mental Health Counseling</i> : Professional Counseling Students evaluate etiology, nomenclature, diagnosis, treatment, referral, and prevention of mental, behavioral, and neurodevelopmental disorders.	5.C.4
2	Professional Counseling Students are able to proficiently practice the required professional dispositions to become effective counselors.	2.C
3	Professional Counseling Students acquire the ability to understand the role of religion and spirituality in client's' and counselors' psychological functioning.	3.B.11
4	The CMHC Program engages with community partners to solicit and utilize feedback to continually improve the program.	2.F.1., 2., 3., 4.